

U6 GAME RULES

Indoor non-marking running shoes and team uniforms (provided by the league) must be worn for all games. Jerseys must be tucked in. Wearing jewelry is not allowed (exception-medic alert bracelets).

- / This is a teaching -type of program and the rules and skills of the game are progressively taught (A program binder is provided to the instructor coach)
- / Half-court play with lowered basketball nets (7 feet) and size 3 basketballs.
- / Reversible jerseys are given to each player.
- / First half hour is instruction and second half hour is a game – at this time, the instructor coach will designate what color each player will be, and the children will then turn their jerseys to these colors.
- / Three on three play.
- / Referee must call subs during the game.
- / Players are allowed a maximum of 4 dribbles and then must pass the ball.
- / “Special Mats” – these mats are positioned around the basketball nets; if a player dribbles to one of these mats, or receives a pass while standing on one of these mats, the player is allowed an uncontested shot at the net.
- / Man to man defense must be encouraged by the coaches and referees.
- / Grabbing of the ball from any individual is not permitted. Aggressive play is not permitted.
- / Once a basket is scored, the team that scored the basket must retreat behind the center line and cannot cross this line until the opposing team and the ball crosses the center line.
- / No scores are kept and coaches and parents are encouraged not to place emphasis on winning and losing.
- / If a foul is committed, the referee coach will blow the whistle and will stop play and explain the foul/ to the entire group; on the first offense, the individual who committed the foul will get back possession of the ball; if the foul is repeated, possession will be given to the opposing team.
- / If a violation occurs, the referee coach will blow the whistle, stop the play and explain the violation to the group; on the first occasion of a violation, the ball will be given back to the violator to try again; a repeat will result in possession being given to the opposing team.